There is Many difference between kinesthetic intelligence and the musical intelligence. Kinesthetic intelligent people need to be more active and fit, musical intelligent peopel need to be good at music more than sports. Kinesthetic is easier than musical intelligence. High percentage of peopel can have a kinesthetic intelligence. However, not all people can be musicians .  
Kinesthetic peopel should control there motions and they use all parts of there body. Although Musical they should control one part or two but not all ther body parts.